

CSU SUMMER DANCE 2017

Schedule, Class Descriptions, & Artist Bios

FREE PERFORMANCE (Pre-Summer Dance Workshop):

MALPASO DANCE COMPANY at Playhouse Square - Ohio Theatre

FRI, JUNE 2 and SAT, JUNE 3 | 7:30 PM | Free with ticket reservation, available May 11

> As part of DANCECleveland's inclusion in the Cleveland Foundation's Creative Fusion: Cuba Project, these free performances will feature, "Indomitable Waltz", a new work co-commissioned by DANCECleveland and the Cleveland Foundation by choreographer Aszure Barton. Based in Havana, Cuba, Malpaso brings Cuban contemporary dance into the 21st century by collaborating with top international choreographers while nurturing new voices in Cuban choreography. Founded in 2012, the youthful company's well-honed dancers perform with energy and passion that can be felt from the last seat in the theatre. Malpaso is an associate company of [Joyce Theater Productions](#).



Photo by Nir Arieli

Tickets: \$0 (free w/ ticket, available May 11) | Playhouse Square Box Office Phone: 216-241-6000
<http://www.playhousesquare.org/events/detail/malpaso>

CONTEMPORARY TECHNIQUE with OSNEL DELGADO (Malpaso Dance Company, Cuba)

JUNE 5 – JUNE 9 | 10:15 - 11:45 am

***In partnership with DANCECleveland & The Cleveland Foundation**
> The Cuban technique of modern dance is a fusion of North American modern dance, European ballet, and traditional Afro-Cuban dances and rhythms. The central teaching of the class is based around contraction and release technique, combined with undulating movements of the spine from Afro-Cuban dance styles. Traveling combinations encourage a focus on rhythm and musicality. The combination of influences (American, European and African) manifest within Cuban dance provides students a unique transcultural experience through movement.



Photo by T.M. Rives

OSNEL DELGADO danced with Danza Contemporanea de Cuba from 2003 to 2011, before founding Malpaso. He has worked with choreographers Mats Ek, Rafael Bonachela, Kenneth Kvarnström, Ja Linkens, Itzik Galili, Samir Akika, Pedro Ruiz, Isidro Rolando and George Cespedes, among others. Delgado has created works for DCC, Rakatan and Ebony Dance of Cuba. Delgado is a 2003 graduate of the National Dance School of Havana, where he is also a professor of dance studies.

EVENT OF INTEREST:**AHA! FESTIVAL - Arts And Humanities Alive!****JUNE 7 – 9****Presented by Cleveland State University, in partnership with Playhouse Square**

> The Cleveland State University/Playhouse Square neighborhood will be alive with words, music, theater, dance and art as CSU inaugurates Arts and Humanities Alive!, the AHA! Festival. AHA! brings world renowned authors, performers and celebrities for a celebration of Storytelling and a wide ranging exploration of what our stories tell us about ourselves.



The summer arts extravaganza will feature:

- A **public dance workshop** with *Dancing with the Stars'* **Karina Smirnoff** on the stage of the State Theatre at Playhouse Square (\$5 for dancers or observers. [Tickets](#)). Wed., June 7.
 - <http://www.playhousesquare.org/events/detail/arts-humanities-alive-festival-aha-festival-learn-to-dance-like-a-star>
- **Informal Dance Showing** by **Malpaso Dance Company** (Free). Fri., June 9 (see below)
- **A free outdoor book fair**, Wed., June 7 on Euclid Ave in Playhouse Square District
- Theatrical productions of **The Frog Bride** and **Love Loss and What I Wore**
- The local premiere of Ken Burn's **The Vietnam War**
- Presentations and book signings by **John Meacham, Isabel Wilkerson, Jonathan Safran Foer, and Delia Efron**
- An Arts Education Luncheon featuring actress and East Cleveland native **Yvette Nicole Brown**

> **Learn more** about headliners, see a complete schedule of events, purchase tickets or register for free activities at www.ahacsu.com. Registration required for all events except book fair and Malpaso Dance Company's Informal Showing.

FREE SPECIAL OFFERING:**MALPASO DANCE COMPANY - INFORMAL SHOWING of Work in Progress****FRI, JUNE 9 | 12:00 noon – 1:00 pm | Free****Idea Center (1375 Euclid Ave), Gund Dance Studio**

> Join Malpaso in the Idea Center's Gund Dance Studio for a showing of exciting work in progress. Presented as part of CSU's AHA! Festival (see above), in partnership with The Cleveland Foundation and DANCECleveland.



Photo by Nir Arieli

**For more information and to register for CSU Summer Dance 2017:
CSU Theatre & Dance Website <http://www.csuohio.edu/class/theatre-dance/csu-summer-dance>**



WEEK TWO

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CONTEMPORARY TECHNIQUE with DOUGLAS GILLESPIE (Kate Weare Company, NYC)**JUNE 12 - 16 | 10:15 - 11:45 am**

> Class begins on the floor with mind/body centering followed by short floor exercises to get our blood pumping and to release weight into the floor. We move into guided improvisation to delve deeper into our intrinsic movement and explore our kinetic influences. Then, a series of short combinations introduce stylized choreography, ranging from gestural and "stop-action" concepts to vigorous floor work and expansive/full-bodied and explosive movement. Class culminates by combining short phrases into one monster phrase of dance and exploring what it means to be an engaging and magnanimous performer.



***Be prepared to move in & out of the floor. Bring or wear clothing that covers skin and/or kneepads as needed.**

DOUGLAS GILLESPIE is a Brooklyn-based dance artist. He is an originating member of Kate Weare Company and has been a creative contributor throughout its first decade. Now the company's Associate Director, Gillespie assists Weare on commissions, sets and re-stages repertory, facilitates outreach and teaching, oversees touring and is integral to the company's spirit. He teaches at colleges and dance centers around the world, most recently at The Juilliard School, NYU Tisch Summer Program, National Taiwan University of the Arts and is on faculty at Gibney Dance Center in New York. Gillespie is an avid dance maker, most recently choreographing *Bellonas* for Sarasota Contemporary Dance, which premieres Spring 2017. Gillespie has also created student commissions for Cleveland State University, University of Florida and Santa Fe College; two of which have premiered at American College Dance Festival. Gillespie premiered his first solo project *Echo*, in Taiwan in November 2015 and debuted it in the U.S. in 2016. Gillespie has performed in Punchdrunk Emulsive's *Sleep No More* and Third Rail Projects' *Then She Fell*. Gillespie was born in San Diego, raised in Jacksonville and received his BFA in Dance from Florida State University in 2005.

FREE SPECIAL OFFERING:**NOONTIME CHAT with DOUGLAS GILLESPIE****FRI, JUNE 16 | 12:00 noon – 12:30 pm**

> Share a "behind the scenes" conversation with Doug as he discusses his professional work and creative process.

**LOCATION OF CLASSES & EVENTS (unless otherwise noted):**

CSU Arts Campus, Middough Building (5th Floor)
1901 E. 13th Street, Cleveland, OH 44115

MORE INFO & TO REGISTER: <http://www.csuohio.edu/class/theatre-dance/csu-summer-dance>

*Check website for updates

CONTEMPORARY TECHNIQUE with *MONICA BILL BARNES (MBB&CO) (M-W) & SHANNON BRAMHAM (Koresh Dance Company) (Th-F)*

JUNE 19 – 21 (Monica Bill Barnes) | 10:15 - 11:45 am

*In partnership with GroundWorks DanceTheater

> Based on the company's performance style, which blends nuanced theatricality and explosive movement vocabulary, this class will focus on understanding how to use your technique to support your personal performance quality. Class begins with an easy to follow, fast-paced warm-up, which brings together an eclectic mix of modern techniques and highlights musicality and bold choices. The second part of class focuses on learning and performing longer phrases that challenge the students to move with clarity, theatrical intention and full-bodied power. Students will investigate the use of deadpan humor, dynamic movement and theatrical scenarios while focusing on their personal performance choices within their own dancing.



Photo by Mallory Lynn

MONICA BILL BARNES founded MBB&CO in 1997 with the mission to celebrate individuality, humor and the innate theatricality of everyday life. Her work has been performed in venues ranging from Upright Citizen's Brigade to Carnegie Hall and has been presented in more than 75 cities throughout the US. Current projects include a collaborative show with radio host Ira Glass that combines radio stories and dance, *Three Acts, Two Dancers, One Radio Host*, a choreographed exercise tour of The Metropolitan Museum of Art called *The Museum Workout* created in collaboration with artist and author Maira Kalman, and *Happy Hour*, the world's only karaoke office party turned dance show, and the company's first long-running show with recurring performances in NYC and tours around the country.

JUNE 22 – 23 (Shannon Bramham) | 10:15 - 11:45 am

*In partnership with DANCECleveland

> Combing raw athleticism, artistic expression and technique, this class takes you on an adventure that will leave you sweating. Utilizing dynamic and musicality changes, class will start with a warm up, continue with center combinations that challenge and strengthen the body, and end with a combination greatly influenced by the style and work of Ronen Koresh. Concepts will be explored that can help students in both the dance class and while performing on stage.



SHANNON BRAMHAM, originally from Virginia, graduated with her BFA in Dance Performance from East Carolina University. She joined Koresh Dance Company in 2008. Currently, in addition to dancing as a senior member of the Company, Shannon manages Koresh Dance Company's robust touring educational and outreach program, leading many of the KDC's programs offered on tour. In addition, she is among the few dancers chosen to regularly set Koresh choreography. Shannon is also regularly invited to teach and set her own work. Recent locations include Wright State University, South Dayton Dance Theater, Highpoint University, We are Artists, East Carolina University, and Nina's School of Dance. Her work has also been showcased at ACDFA and RDA. Shannon currently teaches adults at the Koresh School of Dance in Philadelphia, PA



FREE SPECIAL OFFERING - WELLNESS WORKSHOP:**SELF CARE FOR THE DANCING BODY with RELEVATION PHYSICAL THERAPY & WELLNESS****WED, JUNE 21 | 8:45 - 10:00 AM*****Space is limited (priority given to registered Summer Dance participants)*****RSVP required: s.e.carey@csuohio.edu**

> Hands-on workshop focusing on therapeutic concepts, techniques, and practical tools to enhance dancers' self care, injury-prevention, and cross-training routines. Led by physical therapists experienced in caring for performers, participants learn and practice ways to balance dance training with strength and mobility work as well as recover from muscle soreness and overuse. Props and tools such as foam rollers, exercise bands and mats will be provided (bring your own if preferred). Wear comfortable, fitted clothing (yoga or Pilates attire). Avoid loose clothing, hair, or accessories.



JENNIFER HENRY, PT, DPT, MPH earned her Doctor of Physical Therapy degree from Northwestern University. She has been practicing for ten years and has seven years of private-practice management experience prior to moving to Cleveland. Her clinical skills focus on sports rehabilitation including running analysis, cycling and bike fit, as well as general orthopedic pain and injury. In addition, she has a special interest in the performing arts including treating musicians to help them rehab and prepare for their upcoming events. In order to support her patients' goals in returning to their sport, being pain-free at their desk, or hitting the stage, she combines her manual therapy skills, exercise knowledge, sports-specific skills, and Pilates certification to develop personalized, research-based, effective treatment programs. Jen also has a background in community health promotion and disease prevention with a Master of Public Health degree from George Washington University. She spent five years working on health policy in Washington, DC and feels passionately about using health education and movement to promote community wellbeing and empowerment. She is a dedicated Wolverine fan having earned her Bachelor of Science from the University of Michigan. She also serves as part-time faculty in the physical therapy program at Cleveland State University.



DAVID J SKRAJNER, PT, DPT was born and raised in the Cleveland suburb of Euclid, Ohio. After graduating from St. Ignatius High School, he went on to earn degrees from both the University of Notre Dame and Slippery Rock University, where he earned his clinical doctorate in physical therapy. David has worked extensively in the field of orthopedic rehabilitation over his 10-year career, specializing in disorders of the spine and extremities. He is a certified Pilates instructor through Balanced Body, a national leader in Pilates education and equipment. His special interests include the treatment of performing artists and the use of dry needling for the treatment of myofascial pain.

FREE SPECIAL OFFERING:**GROUNDWORKS DANCETHEATER STUDIO SHOWING of work-in-progress**
by Monica Bill Barnes**WED, JUNE 21 | 12:00 noon – 12:30 pm**

SOMATIC TECHNIQUES with Lisa DeCato, Lauren Garson, and Erica Steinweg

Weeks 1, 2, & 3 (June 5-23) | 8:45 am – 10:00 am

PILATES & BARTENIEFF FUNDAMENTALS with LISA DECATO

Week 1: Mon/Wed | Week 2: Wed/Fri | Week 3: Mon/Fri

> Sessions will explore personal body awareness in terms of dynamic alignment and total body organization. Mindful movement patterns will improve posture and balance, enhance mobility and stability, and develop core strength integration. Using Bartenieff Fundamentals and Pilates we will discover a more articulate body for all aspects of movement in your life.



LISA DECATO is a Certified Movement Analyst (CMA) and an adjunct professor in the Dance Department at Cleveland State University. Lisa has an extensive background in teaching movement, somatics and applied kinesiology. She is the co-founder of the Learning Partners Group where she is a consultant developing programming to better understand the integration of the learning process and the body. Lisa received an MFA in dance from the Ohio State University & continues to study dance, yoga, and Pilates.

PILATES & SOMATIC PRACTICES with LAUREN GARSON

Week 1: Friday (June 9) only

> Class will offer ways to prepare the body for movement. This includes bringing the mind to the present with breathing and visualization practices, attention to body alignment and exercises for all-over waking up of the muscles. Using a combination of Pilates and various yoga practices, we will explore a program of both strength and mobility.



LAUREN GARSON graduated from Point Park University with a BFA in Dance. She was a member of METdance in Houston, TX, Parsons Dance in New York, NY and an artist of GroundWorks DanceTheater in Cleveland. She is a fully certified STOTT Pilates instructor on all apparatus. She has experience teaching private and group classes at pilates studios in Chicago, New York and most recently at Relevation Fitness and Wellness in downtown Cleveland. Additional training includes ActiveCore, CoreAlign, CARDIOLATES (rebounding), barre method classes and weight training work.

YOGA with ERICA EUFINGER STEINWEG

Week 1: Tues/Thur | Week 2: Mon/Tues/Thur | Week 3: Tues/Thur

> Yoga informed by the Iyengar style is a wonderful complement to a dancing life. In this method, attention to postural detail helps to infuse the body with the mind's awareness, illuminating new possibilities that can be applied to the stillness of asana and sweeping across the floor.



ERICA EUFINGER STEINWEG, RYT began her career in movement as a dancer. She has a BFA in modern dance from the University of Utah, has attended Jacob's Pillow, and danced professionally in the Cleveland area with the Repertory Project. In yoga, Erica holds a certificate in Iyengar yoga and teaches at the The Emily Program -- an eating disorder treatment center, as well as The Yoga Room and Cuyahoga Community College.

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