

CSU SUMMER DANCE 2020

Schedule, Class Descriptions, & Artist Bios

Website: <http://www.csuohio.edu/class/theatre-dance/csu-summer-dance>

WEEK ONE WEEK ONE WEEK ONE

CONTEMPORARY TECHNIQUE with JENNA RIEGEL

JULY 27 – JULY 31 | 10:15 - 11:45 am

> Class will begin with floor work, yoga and Pilates stretching and strengthening and improvisation to build warmth, ease us into motion, find agility and help us arrive more fully present in our bodies. Introductions to one another will be made with a name circle, contact improvisation exercises or interactive warm-up exercises in order to build a sense of trust and community together. Center standing work will draw upon a combination of release technique and ballet to align, balance and increase awareness of energetic efficiency and ease. Head/tail exploration and spinal articulation will be integrated into more traditional foot and leg exercises. Across the floor phrase-work will oscillate between imagery and task-based veracious improvisational scores and rigorous locomotion, athletic inversions and ambitious lofting. A culminating phrase will challenge the polarities of movement and investigate both off-balance and centered movement, bound and released, sustained and staccato, momentum driven and spatially controlled, on the floor and in the air, and sensation-based and shape-based movement. A friendly, uplifting, non-judgmental class culture will be attended to by steering clear of the binary of right and wrong and instead directing attention to cause and effect, the action and results of our choices. Personal findings will be encouraged to be shared to expedite learning within our community. Individualism will be honored and upheld even as profound body awareness and ability to replicate outside material is practiced. Enjoyment and fun will be contagious and inevitable!



JENNA RIEGEL, originally from Fairfield, Iowa, is a dance artist, maker and educator. Jenna holds an M.F.A. in Dance Performance from the University of Iowa and a B.A. in Theatre Arts from Maharishi International University. During her eleven year performing career in NYC, Jenna danced with Daara Dance (choreographer Michel Kouakou), Carolyn Dorfman Dance Company, Shaneeka Harrell, Tania Isaac Dance and Johannes Weiland. She toured and performed nationally and internationally as a company member of David Dorfman Dance, Alexandra Beller/ Dances, Bill Young/ Colleen Thomas & Company and the Bill T. Jones/Arnie Zane Company. Jenna taught classes in contemporary technique in New York City at Gina Gibney Dance Center, New York Live Arts, Mark Morris Dance Center and 100 Grand Dance. She has been on faculty in the dance departments of Barnard College, The Juilliard School and Virginia Commonwealth University. In addition, she has taught master classes at The Joffrey Ballet School, Columbia College, NYU, The New School, Ohio State University, SUNY Purchase, Bard College, Connecticut College, Hollins University, Dartmouth College, Williams College, Skidmore College, University of Maryland, University of California-Berkeley, the American Dance Festival and the Bates Dance Festival. Jenna is currently an Assistant Professor of Theater and Dance at Amherst College.



Photo by Jeffrey Kaphan

CONTEMPORARY TECHNIQUE with *ANTONIO BROWN*

AUGUST 3 – 7 | 10:15 - 11:45 am

> Starting with a series of structured improvisations that include self-exploration and awareness of the body, gradually shifting into basic foundational techniques, and later moving into physical phrase work. Antonio's class moves into and out of the floor exploring grounded and physical momentum that tests the brain and propels the body into motion. Come prepared to test your limits and break expectations, as Antonio shapes and molds the body to interact and react to pulses of dynamic music that will send you through space and time.

**Be prepared to move in & out of the floor. Bring or wear clothing that covers skin and/or kneepads as needed.*



Photo by Eric Politzer

ANTONIO BROWN was born and raised in Cleveland, OH. He began his dance training at the Cleveland School of the Arts and later received his BFA from The Juilliard School under the direction of Lawrence Rhodes. As a member of the Bill T. Jones/Arnie Zane Company for over a decade, Brown traveled the world teaching, and performing, gaining a global perspective on various cultures and modes of artistic expression. He has also worked with companies and artists throughout the United States including Camille A. Brown & Dancers, Gregory Dolbashian's "The Dash Ensemble", Malcolm Low/Formal Structure, Stephen Pier, Nilas Martins Dance Company, Damage Dance, Sidra Bell Dance New York and The August Wilson Center Dance Ensemble. Brown has choreographed works for Verb Ballets, The Juilliard Dance Ensemble, Perry Mansfield Performing Arts School and Camp, Jacksonville University, Cleveland State University, Hunter College Department of Theater, Cleveland School of the Arts, Stivers School for the Arts, The Grier School, Lehigh Valley Dance Exchange "LVDE", Theatre Askew and most recently The Arden Theater Company's production of "The Bluest Eye." Currently, Brown is the founder and artistic director of AntonioBrown Dance. You can also find him teaching at Mark Morris Dance Center, The Juilliard School, The Joffrey School and guest teaching for Gallim Dance.



Photo by Eric Politzer

CONTEMPORARY TECHNIQUE with *DOUGLAS GILLESPIE*

AUGUST 10 – 14 | 10:15 - 11:45 am

> Class begins on the floor with mind/body centering followed by short floor exercises to get our blood pumping and to release weight into the floor. We move into guided improvisation to delve deeper into our intrinsic movement and explore our kinetic influences. Then, a series of short combinations introduce stylized choreography, ranging from gestural and "stop-action" concepts to vigorous floor work and expansive/full-bodied and explosive movement. Class culminates by combining short phrases into one monster phrase of dance and exploring what it means to be an engaging and magnanimous performer.

**Be prepared to move in & out of the floor. Bring or wear clothing that covers skin and/or kneepads as needed.*



DOUGLAS GILLESPIE is a Brooklyn-based dance artist who is passionate about the making, teaching and embodying of dance as an art form. He has taught at universities and dance centers around the world, including The Juilliard School, NYU Tisch Summer Program, Mark Morris Dance Group, National Taiwan University of the Arts and at Gibney Dance Center in New York. Gillespie is an avid dance maker, choreographing for Teoria De Gravidad, Limon Professional Studies Program, Moving Current Dance Collective, Sarasota Contemporary Dance, and Doug Varone DEVICES workshop. Gillespie has also been commissioned to create work on students at SUNY Brockport, Cleveland State University, University of Florida, and Santa Fe College. Two of these works premiered at American College Dance Festival. Additionally, Gillespie choreographed and performed two solo projects, which premiered internationally at Festival Danza Urbana in Monterrey, Mexico (August 2018) and in Taipei, Taiwan (November 2015). Gillespie is currently a member of David Dorfman Dance 2018. He was also an originating member and creative contributor throughout Kate Weare Company's first decade. Gillespie has performed in Punchdrunk Emulsive's *Sleep No More* and Third Rail Projects' *Then She Fell*. Gillespie was born in San Diego, CA, raised in Jacksonville, FL, and received his BFA in Dance from Florida State University in 2005.



SOMATIC TECHNIQUES with Lisa DeCato and Erica Steinweg

Weeks 1, 2, & 3 (M-F) | 8:45 am – 10:00 am

PILATES & BARTENIEFF FUNDAMENTALS with *LISA DECATO*

> Sessions will explore personal body awareness in terms of dynamic alignment and total body organization. Mindful movement patterns will improve posture and balance, enhance mobility and stability, and develop core strength integration. Using Bartenieff Fundamentals and Pilates we will discover a more articulate body for all aspects of movement in your life.



LISA DECATO is a Certified Movement Analyst (CMA) and an adjunct professor in the Dance Department at Cleveland State University. Lisa has an extensive background in teaching movement, somatics and applied kinesiology. She is the co-founder of the Learning Partners Group where she is a consultant developing programming to better understand the integration of the learning process and the body. Lisa received an MFA in dance from the Ohio State University & continues to study dance, yoga, and Pilates.

YOGA with *ERICA EUFINGER STEINWEG*

> Yoga informed by the Iyengar style is a wonderful complement to a dancing life. In this method, attention to postural detail helps to infuse the body with the mind's awareness, illuminating new possibilities that can be applied to the stillness of asana and sweeping across the floor.



ERICA EUFINGER STEINWEG, RYT began her career in movement as a dancer. She has a BFA in modern dance from the University of Utah, has attended Jacob's Pillow, and danced professionally in the Cleveland area with the Repertory Project. In yoga, Erica holds a certificate in Iyengar yoga and teaches at the The Emily Program -- an eating disorder treatment center, as well as The Yoga Room and Cuyahoga Community College.

LOCATION OF CLASSES:

CSU Arts Campus, Middough Building (5th Floor), 1901 E.13th Street, Cleveland, OH 44115

MORE INFO & TO REGISTER:

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