

# CSU SUMMER DANCE 2019

## Schedule, Class Descriptions, & Artist Bios

**WEEK ONE**

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**CONTEMPORARY TECHNIQUE with JENNA RIEGEL** (*Virginia Commonwealth University, VA*)  
**JUNE 3<sup>rd</sup> – JUNE 7<sup>th</sup> | 10:15 - 11:45 am**

**CLASS  
DESCRIPTION**

>*Class will begin with floor work, yoga and Pilates stretching and strengthening and improvisation to build warmth, ease us into motion, find agility and help us arrive more fully present in our bodies. Center standing work will draw upon a combination of release technique and ballet and align, balance and increase awareness of energetic efficiency and ease. Head/tail exploration and spinal articulation will be integrated into more traditional foot and leg exercises. Across the floor phrase-work will oscillate between imagery and task-based veracious improvisational scores and rigorous locomotion, athletic inversions and ambitious lofting. A culminating phrase will challenge the polarities of movement and investigate both off-balance and centered movement, bound and released, sustained and staccato, momentum driven and spatially controlled, on the floor and in the air, and sensation-based and shape-based movement. A friendly, uplifting, non-judgmental class culture will be attended to by steering clear of the binary of right and wrong and instead directing attention to cause and effect, the action and results of our choices. Personal findings will be encouraged to be shared to expedite learning within our community. Individualism will be honored and upheld even as profound body awareness and ability to replicate outside material is practiced. Enjoyment and fun will be contagious and inevitable!*



**JENNA RIEGEL**, a native of Fairfield, Iowa, has been a New York-based dancer, performer and teacher since 2007. Jenna holds an M.F.A. in Dance Performance from the University of Iowa and a B.A. in Theatre Arts from Maharishi University of Management. Since moving to NYC, Jenna has performed with Daara Dance (*choreographer Michel Kouakou*), Carolyn Dorfman Dance Company, Shaeeka Harrell, Tania Isaac Dance and Johannes Weiland. She has also toured and performed nationally and internationally as a company member of David Dorfman Dance, Alexandra Beller/ Dances and Bill Young/ Colleen Thomas & Company. In 2011, Jenna joined the Bill T. Jones/Arnie Zane Company. Jenna has taught classes in Contemporary Technique in New York City at Gina Gibney Dance Center, Mark Morris Dance Center, 100 Grand Dance and Barnard College, as well as Contemporary Partnering at The Juilliard School. In addition, she has taught master classes at The Joffrey Ballet School, Columbia College, NYU, The New School, Ohio State University, SUNY Purchase, Bard College, Connecticut College, Emory College, Arizona State University, Brigham-Young University, Dartmouth College, Williams College, Skidmore College, LIU, University of Maryland, University of Nebraska-Lincoln, University of Wisconsin-Madison, University of California-Berkeley, University of Iowa, the American Dance Festival and the Bates Dance Festival. Jenna is currently a Visiting Guest Faculty at Virginia Commonwealth University.

## CONTEMPORARY TECHNIQUE with **TEENA MARIE CUSTER**

JUNE 10<sup>th</sup> – JUNE 11<sup>th</sup> | 10:15 - 11:45 am

### CLASS DESCRIPTION

*> This class will introduce students to the connections of modern dance concepts, Bartenieff Fundamentals, and street dance technique such as house and breaking. By using momentum, flow, and stabilization of the core and shoulder girdle, we will explore various techniques of floorwork, as well as investigate the shift in body alignment between each style in order to find efficiency of movement.*



**TEENA MARIE** is an urban dance artist based in Pittsburgh, Pa/Ontario, Canada. She has battled and performed nationally and internationally with her crews, Venus Fly, as well as her local Pittsburgh crew, Get Down Gang. She has won b-girl battles such as Enter the Cypha and UnderGround Movement and won the “House Cypher” award at Chicago’s Slick City event. Her hip hop dance theater work has been presented at the Breakin’ Convention in London, The American Dance Festival, Kelly-Strayhorn Theater, Ford Amphitheater in LA, and the American College Dance Festival Gala Concert. She has created hip hop dance theater works for over 30 university dance departments around the U.S., and in addition to touring her solo show, “My Good Side,” she also dances with Bessie award winning Ephrat Asherie Dance in NYC and Bill “Crutchmaster” Shannon. Teena was on faculty at Slippery Rock University for 14 years, as well as the American Dance Festival, and has an M.F.A. in Contemporary Dance Performance from The Ohio State University.

## CONTEMPORARY TECHNIQUE with **AMY MILLER** (Gibney Dance, NYC)

JUNE 12<sup>th</sup> – JUNE 14<sup>th</sup> | 10:15 - 11:45 am

### CLASS DESCRIPTION

*>Beginning with somatic and self-reflective practices, class then progresses toward highly rigorous, physical states created through experimenting with extremes: strength vs. tenderness, gesture vs. intellect vs. instinct, structure vs. play. This class arc is coupled with concise yet potent chances to build sophistication with observing and exchanging constructive feedback with others. As Gibney Dance Company values leadership-building along all entry points, our classes represent an opportune moment to reinforce a framework that embraces virtuosity in many forms.*



**AMY MILLER**, Senior Director of Gibney Dance Company in NYC, is a dancer, choreographer, educator, administrator and advocate. A former member of the Ohio Ballet, Miller spent a decade performing masterworks by such choreographers as Anthony Tudor, José Limón, Kurt Jooss, and Paul Taylor, as well as Lucinda Childs, Laura Dean, and Alonzo King among many others. She was a founding member of Cleveland-based GroundWorks DanceTheater, where she collaborated on new work with such dance-makers as Dianne McIntyre, Alex Ketley, Keely Garfield, and David Parker. Miller remains the Artistic Associate of GroundWorks, where she has choreographed twelve works for the company. Her solo work has been seen in New York City at Judson Church, Mark Morris Dance Center, and Scandinavia House. Now the Senior Director and a performing member Gibney Dance Company, Miller also focuses on Gibney’s Community Action initiatives through facilitating movement workshops with survivors of trauma, conducting both local and international trainings for artists interested in engaging in social action, developing healthy relationship workshops for young people and raising awareness about the role of the arts in violence prevention. Miller has facilitated numerous teaching residencies at Oberlin College, Brown University, NYU’s Tisch School of the Arts, Jacksonville University and Bates Dance Festival. Miller has conducted GDC Global Community Action Residencies at Mimar Sinan University and Koc University (Istanbul), University of Cape Town (South Africa), DOCH: School of Dance and Circus (Stockholm), MUDA Africa (Tanzania) and most recently in Gisenyi, Rwanda.

Amy Miller holds a BFA in Dance, has received an Ohio Arts Council Fellowship for her choreography, and was honored to receive an Arts & Artists in Progress “Pay it Forward” Award from Brooklyn Arts Exchange.

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**-SPECIAL OFFERING-**



**June 12- June 15, 2019**

The Dance/USA Annual Conference is an invigorating gathering of dance professionals united by their interests in advancing dance and celebrating the joy of movement. It is a time to honor leaders in the field, share and access new resources, and connect with peers through thought-provoking training and conversations. Together, attendees discover innovative approaches to shared problems and strengthen relationships among fellow dance professionals.

The Annual Conference travels to a different city each year, highlighting the unique vibrancy of dance communities around the nation. These varied locales offer new inspiration and showcase the host city's arts and dance ecosystem. Join Dance/USA at this year's Annual Conference and invest in yourself, your organization, and the future of dance. Leave ready to impact the dance world with new ideas, fresh ways of thinking, and with more confidence in your work.

**Thursday, June 13<sup>th</sup> | 7:00 PM**

**Dance Showcase**

Key Bank State Theatre, Playhouse Square

**\*FREE ADMISSION**

**For CSU Students:**

CSU Summer Dance students will receive ***complimentary registration to the Dance/USA 2019 Annual Conference*** in addition to practical experience with event management, conference operations, and the opportunity to network and learn from the national service organization for dance, and leaders in the field.

## CONTEMPORARY TECHNIQUE with *Helanius Wilkins* (University of Colorado- Boulder)

JUNE 17<sup>th</sup> – JUNE 21<sup>st</sup> | 10:15 - 11:45 am

### CLASS DESCRIPTION

**>Framework**, an evolving practice developed by Helanius J. Wilkins, is a rigorous practice that transforms technique class into a laboratory for examining, exploring, and discovering bodily movements in real time. Informed by architectural concepts, the joy of daring dance is experienced through the activity of framing and re-framing structures where individual and collective discoveries can be made. Structures, cued by action narratives that serve as a guide for participants, meld notions of space together with ways of communicating through the body. **Framework**, as a movement technique, is a viscerally charged ongoing practice, resembling a ritual that employs recovery through activity. Specific design, time, and effort modules are built resulting in choreographic phrases and expressions. By assembling structures for students to inhabit, the ultimate goal of **Framework** is to question communication, refine technical ability and artistry, and interrogate one's interior material. When fully committed to the rigors of the work, sensory engagement can be triggered bringing these architectural spaces to life.



**HELANIUS J. WILKINS**, a native of Lafayette, Louisiana, is an award winning choreographer, performance artist, and scholar. He is an Assistant Professor of Dance in the Department of Theatre & Dance at University of Colorado Boulder. His creative research and projects are rooted in the interconnections of American contemporary performance, cultural history, and identities of Black men. In his intermedia collaborations he works with artists from a wide range of disciplines, including film, video, and design. He lived in Washington, D.C. for eighteen (18) years and founded EDGEWORKS Dance Theater, an all-male dance company of predominantly Black men that existed for thirteen (13) years (2001 - 2014). His honors include the 2008 Pola Nirenska Award for Contemporary Achievement in Dance, DC's highest honor given by the Washington Performing Arts Society; the 2002 and 2006 Kennedy Center Local Dance Commissioning Project Award; and multiple Metro DC Dance Awards. In addition to being a three-time finalist for the D.C. Mayor's Arts Awards, he is among the artists featured in Google Arts & Culture 2019 Black History Month's chronicling of the influence of black history on dance. In addition to performing the works of nationally recognized choreographers including Robert Moses, Earl Mosley, Joy Kellman, Troy Powell, and Kevin Wynn, he performed with Present Tense Dance Company (Upstate NY) as well as with Maida Withers' Dance Construction Company (DC), and as a guest with the Liz Lerman Dance Exchange (MD). He has equally enjoyed, and continues to enjoy, creating, presenting, and receiving commissions for choreography throughout the United States and abroad. To date, he has choreographed and directed over 60 works, which includes two critically-acclaimed musical productions for Washington, DC's Studio Theater – "Passing Strange" (2010) and "POP!" (2011). Foundations and organizations including New England Foundation for the Arts (National Dance Project), National Performance Network (NPN), the Boulder Office of Arts & Culture Public Arts Program, D.C. Commission on the Arts and Humanities, and the National Endowment for the Arts have supported his work. [www.helaniusj.com](http://www.helaniusj.com)



INFORMAL SHOWING: Thursday, June 20<sup>th</sup> | 12:00 Noon  
MB 523

## **SOMATIC TECHNIQUES** with Lisa DeCato and Erica Steinweg

**Weeks 1, 2, & 3 (JUNE 3<sup>rd</sup> – JUNE 21<sup>st</sup>) | 8:45 - 10:00 am**

### **PILATES & BARTENIEFF FUNDAMENTALS**

#### **with LISA DECATO**

*> Sessions will explore personal body awareness in terms of dynamic alignment and total body organization. Mindful movement patterns will improve posture and balance, enhance mobility and stability, and develop core strength integration. Using Bartenieff Fundamentals and Pilates we will discover a more articulate body for all aspects of movement in your life.*



**LISA DECATO** is a Certified Movement Analyst (CMA) and an adjunct professor in the Dance Department at Cleveland State University. Lisa has an extensive background in teaching movement, somatics and applied kinesiology. She is the co-founder of the Learning Partners Group where she is a consultant developing programming to better understand the integration of the learning process and the body. Lisa received an MFA in dance from the Ohio State University & continues to study dance, yoga, and Pilates.

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### **YOGA**

#### **with ERICA EUFINGER STEINWEG**

*> Yoga informed by the Iyengar style is a wonderful complement to a dancing life. In this method, attention to postural detail helps to infuse the body with the mind's awareness, illuminating new possibilities that can be applied to the stillness of asana and sweeping across the floor.*



**ERICA EUFINGER STEINWEG**, RYT began her career in movement as a dancer. She has a BFA in modern dance from the University of Utah, has attended Jacob's Pillow, and danced professionally in the Cleveland area with the Repertory Project. In yoga, Erica holds a certificate in Iyengar yoga and teaches at the The Emily Program -- an eating disorder treatment center, as well as The Yoga Room and Cuyahoga Community College.

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#### **LOCATION OF CLASSES & EVENTS (unless otherwise noted):**

CSU Arts Campus, Middough Building (5<sup>th</sup> Floor)  
1901 E. 13th Street, Cleveland, OH 44115

#### **FOR MORE INFORMATION & TO REGISTER, VISIT:**

<http://www.csuohio.edu/class/theatre-dance/csu-summer-dance>